

# 2017 ANNUAL BED RACE



MIDLAND HEALTH

Join us for Midland's 2nd Annual Bed Race! All proceeds benefit the Dr. Ravi Patel Foundation Fund.

## WHEN

Saturday, September 23rd  
Registration/Check-in: 9:00 a.m.  
Race start time: 10:00 a.m.

## WHERE

Midland College  
3600 N. Garfield Street  
Midland, TX

## COST

Registration is \$100 per team



## GENERAL BED RACE RULES

- Each team must have 5 people
- Plan to race a series of short races
- Multiple Award Categories
- All beds must be decorated
- Any size wheels are permitted
- No breaking devices allowed
- No steering devices allowed
- Only pushing the bed during the race is allowed (No pulling)

See [Race Guidelines](#) complete details



Please make checks payable to:  
Ravi Patel Memorial Fund

Please mail registration form & entry fee to:  
Midland Memorial Hospital, Heart Institute  
Attention: Mara Shelhamer  
400 Rosalind Redfern Grover Parkway  
Midland, Texas 79701

To download a complete registration packet, please visit [www.midland-memorial.com](http://www.midland-memorial.com) and then click on Classes and EVENTS

For questions, please call  
Mara at 432-221-4875

# Bed Race Registration Form 2017



MIDLAND HEALTH

Team Name: \_\_\_\_\_

Team theme (if applicable): \_\_\_\_\_

Team members name & age (please print clearly):

1. \_\_\_\_\_ (name) \_\_\_\_\_ (age)
2. \_\_\_\_\_ (name) \_\_\_\_\_ (age)
3. \_\_\_\_\_ (name) \_\_\_\_\_ (age)
4. \_\_\_\_\_ (name) \_\_\_\_\_ (age)
5. \_\_\_\_\_ (name) \_\_\_\_\_ (age)

## Release of Liability

I am entering this event at my own risk and assume all responsibility for injuries that all minors registered under my name and my or their heirs, descendants or estate representatives. I agree not to hold the Midland Memorial Hospital District, or any affiliation thereof, and participating sponsors and their directors, employees and/or agents responsible for my claims. I also give permission for the free use of my image and all minor children's images in any broadcast, telecast or any other account of this event.

\_\_\_\_\_(Signature) \_\_\_\_\_(Date)  
\_\_\_\_\_(Signature) \_\_\_\_\_(Date)  
\_\_\_\_\_(Signature) \_\_\_\_\_(Date)  
\_\_\_\_\_(Signature) \_\_\_\_\_(Date)  
\_\_\_\_\_(Signature) \_\_\_\_\_(Date)  
\_\_\_\_\_(Signature) \_\_\_\_\_(Date)

Signature (or Signature of Guardian if under 18)

# Bed Race Guidelines

## Teams:

- Each team must have 5 people to a team that will actually race (4 runners, 1 rider, and may have 1 alternate). Must pay registration fee.
- Helmet for adult person over the age of 18 who is hiding in the bed is strongly encouraged . Participants must be 18 years or older.
- Rider must be lying flat on the bed, no standing will be permitted. Rider must be on the bed as long as it is in motion and may not help with the motion of the bed.
- Team members cannot interfere with opponents during the race.
- Team members may only push bed, no pulling.
- Runners must wear adequate footwear such as running shoes, no sandals or open toes permitted.

## Bed Construction

- All beds must be decorated in good taste, costumes are encouraged!
- All runners/pushers must be in control of their bed at all times until it comes to a complete stop.
- No braking or steering devices allowed.
- No motors or mechanical assist is allowed
- Beds must have 4 functional wheels (any size) and remain on ground at all times,.
- Bed must not contain any sharp edges.
- Beds do not have to have mattress, but is recommended. Rider must have a covering where they will not fall through.
- Bed size must be size of twin or single bed 39" × 75". Minimum of 4 inches thick.
- Team name mounted on front of bed is optional but recommended.
- Beds will be inspected before the race.
- All beds must have a headboard and footboard.

## The Race

Beds must be raced foot first.

Plan to race a series of short races for best time.

## Awards

Grand prize is the Broken Spring award Trophy

Best Bed design

Best Theme

Best Team Work

Best Costume