



the market

	Monday 4/22/24	Tuesday 4/23/24	Wednesday 4/24/24	Thursday 4/25/24	Friday 4/26/24	Saturday 4/27/24	Sunday 4/28/24
Soup of the Day	Gumbo 5 Bean *GF	Pozole Verde Creamy Sweet Potatoes & Pepitas	Chicken Tortilla*GF Tomato Basil*GF	Menudo*GF Roasted Cauliflower Soup*GF	Chicken Pot Pie Soup Italian Five Bean Soup*GF	Soup Du jour	Soup Du jour
Action Station	Sliders	Fajita Station	Create Your Own Pasta	Chicken Tostada Bar	Wings	---	---
Culinary Exchange	BBQ Pulled Pork Sandwich Chicken Jambalaya Potato Salad *GF Vegetable Medley *GF Asparagus	Pork Chile Verde Birria Burrito Pico de Gallo Rice Refried Beans Jalapeño Zucchini	Chicken Cordon Blue Tortilla Chip crusted Tilapia Red Potatoes Broccoli Carrots Dinner Rolls	Baked Ham Baked Chicken Quarter Yams Green Beans *GF Carrots*GF Dinner rolls	Baked Catfish Steak Twice Baked Potatoes Corn on Cob*GF Sautéed Mushrooms*GF Dinner rolls	Herb Crusted Chicken Sautéed Mushrooms and Onions Roasted O'Brien Potatoes*GF	Lemon Thyme Fish Chef's Choice Vegetable*GF Potatoes
WFPB	Tamales & Red Sauce	Stuffed Sweet Potatoes	Linguini Primavera	Tofu Lo Mein	Fiesta Chalupas	---	---
Specialty Sub	Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Pizza	Philly Steak	Cheeseburger Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Mediterranean Pizza		



Whole Food Plant Based (Vegan) is indicated with green font.



Gluten Free is indicated with an asterisk *GF and orange font after the food item