

IS THIS AN EMERGENCY?



When should you go to the Emergency Department to seek treatment?

Here's an easy list of common symptoms and conditions that will help take the guess work out of the situation. Your health is Midland Health's number one concern and we're happy to provide the resources you need.

When to go to a Clinic or use Basin MD:

Are you or a loved one not feeling well and don't have an appointment with your primary care physician? You can be seen at a Midland Health Clinic or by a **BasinMD** physician for symptoms such as:

- Coughs and colds
- Sinus infections
- Sore throat
- Rashes
- Pink eye
- Upset stomach
- Urinary tract infections
- Other minor health conditions

When to go to the Emergency Department:

For serious or life-threatening problems, don't wait! Go to the Emergency Department or call 911.

Emergency Symptoms Include:

- Seizures
- Chest pain
- Severe burns
- Sudden blurred vision
- Severe abdominal pain
- Sudden, severe headache
- Coughing up/vomiting blood
- Numbness in the face, arm or leg
- Deep cuts or bleeding that won't stop
- Difficulty breathing/shortness of breath
- Sudden dizziness, weakness, loss of coordination or balance
- Signs of shock: chills, blue lips/fingernails, severe pain, dizziness, rapid breathing
- Head injury resulting in vomiting, blurred vision, severe headache, loss of motor skills, bleeding from the nose/ears

If you are still unsure of what the best medical care would be for you condition, call **68-Nurse (855-686-8773)** to speak with a health care professional about medical concerns at no cost.

emergency



MIDLAND HEALTH



Midland Health Primary Clinic List

| | |
|--------------------------------------|-----------------|
| Caldera Family Care | (432) 689-2046 |
| Greenwood Health & Wellness | (432) 221-1325 |
| Loop 250 Family Medicine | (432) 221-3300 |
| Multi Specialty Clinic of Big Spring | (432) 606- 4940 |
| North Big Spring Family Care | (432) 682-7473 |
| Wall Street Internal Medicine | (432) 688-7700 |
| Wall Street Pediatrics | (432) 498-2940 |

BasinMD Telemedicine Service

BasinMD powered by Midland Health offers 24/7 medical care from anywhere using your smartphone, tablet, or computer.

Download the **BasinMD** app to view a list of medical providers available now for your medical visit.

How It Works:

Download: Visit the Apple or Google Play store and download the free **BasinMD** app.

Enroll: Sign up for a free account.

Connect: Log-in and be connected to a provider in 5-10 minutes.

Log on to **BasinMD.com** to sign up today.



68 Nurse

You can also call **68-NURSE (855-686-8773)**, a free telephone service which allows local residents to speak with health care professionals about medical concerns. For more information visit **68NURSE.COM**

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