

FOCUS *on the* FUTURE

fall 2021

F. Marie Hall Outpatient Center Becomes a Reality

Midland Health celebrated the exciting dedication and ribbon-cutting of the F. Marie Hall Outpatient Center on June 8th. The ribbon-cutting ceremony was provided by the Midland Chamber of Commerce.

Since 2003, Florence Marie Hall and the FMH Foundation have made contributions to enhance healthcare in Midland totaling over \$20 million. Ms. Hall's philanthropy has touched the hearts and souls of many in our region through her support of area healthcare including medicine, nursing, health sciences, rural health care and rehabilitation. Midlanders see her legacy live on through the FMH Foundation and the newly named F. Marie Hall Outpatient Center.

The Outpatient Center will continue to house physician offices as well as the Lifestyle Medicine Center, the laboratory, Diagnostic Imaging, the MCHS Pediatric Clinic and the newly renovated Wound Management Center, relocated from the Midland Memorial Hospital Main Campus.

Much of the work of MMH could not be accomplished without the generosity of the FMH Foundation. We greatly appreciate their commitment to the mission of Midland Memorial Hospital – leading healthcare for a greater Midland.



MIDLAND MEMORIAL
foundation

Val Sparks is leading the light for Midland Health in COVID education

Using education and outreach, Midland Health has been working towards the goal of reaching “herd immunity” for COVID-19 in Midland and in the Permian Basin. With over 120,000 vaccinations administered as of July 2021, we are well on our way to this goal. MMH Coordinator of the Infection Prevention Department, Val Sparks, has been a big part of this success. Mrs. Sparks has been an inspiration in leading the light for Midland Health in collaboration with smaller clinics, businesses, schools, community centers, churches and other local services.

“Val has led the organization’s response to COVID from the very beginning. From finding solutions for managing the initial shortage of personal protective equipment to organizing highly successful mass testing and vaccination efforts, Val’s creativity, perseverance and can-do spirit have been essential to our survival of the pandemic. I don’t know where we would be without her!” – Russell Meyers, Midland Health CEO

Midland Memorial Foundation proudly commends Val Sparks for her steadfastness and unwavering dedication to our community and beyond. Thank you, Val!





Head for the Cure 5K raises over \$15K

Midland Memorial Foundation is thrilled to be in Partnership with Head for the Cure and are so pleased to announce we were able to raise over \$15,000 at this year's 5K! Head for the Cure was established to raise awareness and funding to inspire hope for the Community of Brain Cancer patients, their families, friends and caregivers. Funds will be used to purchase Patient Navigation

Software in order to track and identify patients who are newly diagnosed and assist them with planning and receiving direct personal care. This event and partnership is another way Midland Health continues to light the way for health. We thank you for your continued participation and support for brain cancer patients in the Permian Basin.

The New Behavioral Health Fund brings needed support for Mental Health



During 2021, the mental health department at Midland Memorial Hospital has expanded its programs, both within the hospital and in its collaborative efforts in the community. The new Behavioral Health Fund has been established as an opportunity to provide additional support to this important department.

New mental health programs include:

The Maternal Mental Wellness Program focuses on supporting women experiencing postpartum depression or pregnancy loss.

The Code Lavender Program is designed to support staff who have experienced traumatic care events and to help staff avoid burnout from the on-going COVID-19 battle or from other sources.

Midland Health is working with the District Attorney's office to create a Jail Diversion Program which would provide transitional housing, mental health treatment and integration into the community for individuals experiencing mental health issues.

Also in the works are programs to assist youth dealing with mental health and substance abuse issues as well as long-term recovery homes for adults living with substance abuse and mental health issues.



New Wheels for Wound Care

With the recent relocation of The Wound Management Center to the F. Marie Hall Outpatient Center, Midland Memorial Foundation identified the need for seven new wheelchairs to meet the needs of the center's current daily volume of patients with various forms of

mobility impairment. Acquiring the wheelchairs will ensure that our patients have access to assistive devices when receiving medical attention at our facilities. Thank you to our donors for their philanthropic hearts and making these efforts possible!



Little Donors Bloom

We would like to thank Midland's most recent Little Donors, Korinne and Gigi Hawkins, for their efforts in selling flowers and raising \$91 for the Midland Memorial Foundation Janet's Closet Fund. This special fund was established in memory of Janet Ward and helps provides the means for our pediatric department to replenish toys given to children while in the hospital. "Janet was a good friend to our families. We will never forget the compassion and love that she shared with us and the Midland Community" – Carrie Hawkins



Consider Cash Gifts In 2021

During 2021 all cash gifts to Midland Memorial Foundation qualify for an unlimited income tax charitable deduction. In other words, the deduction limit for cash gifts made in 2021 qualify up to 100% of your adjusted gross income (AGI).

This opportunity expires as of December 31, 2021.

To take advantage of this opportunity donors are considering the following planning options:

1. A major gift of cash to fund support a program, create an endowment, or provide unrestricted operating support.
2. Pre-pay or accelerate all or part of a multi-year pledge.
3. Pay from an IRA and escape income tax liability.

This article will focus on the third planning option that involves gifts from an IRA. Let's first review the benefits and rules from giving from an IRA before explaining the charitable giving opportunity. Of course, you should consult with a qualified tax advisor before taking advantage of this giving opportunity in the final months of 2021.

Giving from an IRA. A person age 70½ or older may donate a Qualified Charitable Distribution (QCD), also known as an IRA Charitable Rollover. The key benefits and rules of a QCD are as follows:

- A QCD does not qualify for an income tax charitable deduction. Instead, a QCD withdrawal does not count as taxable income. This technique is especially valuable if you are not itemizing and taking the standard deduction instead.
- QCDs can also be used to satisfy all, or a portion of required minimum distributions (RMDs) from an IRA for those age 72 and older.
- The donor of a QCD must be age 70½ or older. While a QCD may be made for those age 70½ or older, RMDs do not begin until age 72.
- QCDs are limited to \$100,000 per person. Both spouses of a married couple may each donate a QCD from their respective IRAs, so each spouse may donate up to \$100,000 per year as a tax-free QCD.

Giving Opportunity for 2021. As mentioned, cash gifts offer unique tax benefits in 2021. Here is a step-by-step explanation:

1. Normally, itemized deductions for charitable contributions of cash gifts in a year cannot exceed 60% of adjusted gross income (AGI).

2. However, Congress expanded the 60% charitable deduction limit to 100% of AGI for cash gifts in 2020 and extended this 100% deduction limit to 2021. So, for 2021, any cash gift to the Foundation – no matter how large – can be deducted up to your AGI.

3. If you are age 70½ or older, you can donate up to \$100,000 tax-free from your IRA as a QCD, without income tax liability.

4. If you are age 70½ or older, and in 2021 only, you can donate more than the \$100,000 from the IRA and still avoid income tax. While you would report taxable income on this amount over \$100,000 withdrawn from the IRA, all of the income tax will be avoided due to the available 100% deduction limit for cash gifts 2021!

5. If you are age 72 or older, and in 2021 only, you can make a QCD gift that is tax-free up to \$100,000. Plus, you make additional cash gifts over \$100,000 that avoid income tax on the extra withdrawal once you claim an income tax deduction up to 100% for the amount of the extra withdrawal.

6. If you are age 72 or older, the amount of the QCD up to \$100,000 will count toward your RMDs.

Beware of additional taxes, credits, and deductions tied to your AGI. Examples include medical expense deductions, Medicare IRMAA charges, and taxation of Social Security benefits. IRA or company plan withdrawals, even if deductible, can increase AGI and consequently raise tax liability. So, you should consult with a qualified tax advisor before taking advantage of these giving opportunities in the final months of 2021.

For questions about these planning opportunities and how you can best support the programs and mission of Midland Memorial Foundation, please contact Nancy Woodman at (432) 221-1572 or at nancy.woodman@midlandhealth.org



Thank You for Your Generous Contributions

Cumulative contributions received by Midland Memorial Foundation between Need Date, 2021 - Need Date, 2021.

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If you are interested in establishing a named endowment fund, please contact Nancy Woodman at (432) 221-1572 or at nancy.woodman@midlandhealth.org.



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Information provided to Midland Memorial Foundation is kept in strict confidence. Please write to us if you wish to have your name removed from future fundraising requests. Upon notification, all reasonable efforts will be taken to adhere to your wishes.