

Medical Staff

Medical Staff Services are the foundation of a solid, well governed medical staff that prides themselves in providing

Midland Memorial Hospital and its customers with the highest quality of patient care possible.

Jane Kapral, MD-Pediatric Hospitalist

Hector Garcia, MD—Pediatric Hospitalist

Thomas Lane, MD—Obstetrics & Gynecology

Kathleen Taylor, NP-C-Nurse Practitioner, Hospitalist

Cheryl Vallie, CFNP—Nurse Practitioner, Dr. Papica

Culture of Ownership: First 6 Core Action Values

The first six Core Action Values will help you lay a solid foundation of character strength. Character is substantially defined by Authenticity and Integrity; it is refined through Awareness, Courage, and Perseverance; and it is reflected in Faith. Character is destiny, and the work that you put into laying this solid foundation will help to assure that your path in life leads to a bright destiny.

Core Action Value #2—Integrity

Integrity is Core Action Value #2. The root of the word integrity is 'integer' and that word implies a united and undivided whole. So to be a person of integrity means to be whole—to be guided by the same values at work and at home. At a higher level, it implies that wholeness of humanity, that we are all children of the same God. To demean or diminish another person because of their occupation, race, religion or any other factor is to violate their dignity and your integrity.



Volume 3, Number 4

April 2015

Rishad Hyder, MD—Emergency Medicine

Introducing Our New Practitioners

Continuing Medical Education—See Page 5

Midland Memorial Hospital is accredited by the Texas Medical Association to provide Continuing Medical Education for physicians. Midland Memorial Hospital designates this live educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)Ô for each teaching program throughout 2015. Physicians should only claim credit commensurate with the extent of their participation in the activity. *The CME Committee has deemed is presentation free from conflict of interest, financial relationships, or commercial support.*

Physician Education for Improving Documentation

Physician Education Modules are available through 3M and are available by specialty. Notify Rebecca Pontaski, Medical Staff Manager if you would like a login.

Medical Staff Services Reminders

- On the new Midland Memorial Hospital webpage, under 'Find a Physician' is a listing of all physicians on staff. Please review your information for accuracy and notify the medical staff office of any changes.
- Texas Electronic Registrar (TER) Death Registration System—Since 2007, state law requires that all cause-of-death
 information and medical certifications to the DSHS be submitted electronically. Physicians who do not sign death certificates in a timely fashion face a \$500 fine per violation from the TMB.
- It is peak season for students and others who want to come in and observe practitioner work. Anyone who will be
 observing a practitioner needs to complete and provide some information before they are able to do so. Please contact
 the medical staff office at 432-221-4629 for this information and process.

Medical Staff Leadership

Chief of Staff Sari Nabulsi, MD

Chief of Staff Elect Michael Dragun, MD

Past Chief of Staff John Dorman, MD

Department Chairs
Hospital-Based Services
Larry Edwards, MD

Medical Services Larry Oliver, MD

Surgical Services T.M. Hughes, MD

In Addition

April 2015

Aaron Kamp, DDS—Hospital Dentistry

Kavita Sharma, MD—Pediatric Cardiology

Muniru Adeniyi, MD-Internal Medicine/Hospitalist

Jeevan Gowda, MD—Internal Medicine/Hospitalist

If you would like to submit information for future newsletters, please email the information to Rebecca Pontaski at rebecca.pontaski@midland-memorial.com.

Rebecca Pontaski, MHA, CPMSM, CPCS, RHIT Medical Staff Manager 432-221-1625 Alma K. Martinez, RHIT Medical Staff Coordinator 432-221-1510 Betzy Martinez Credentialing Specialist 432-221-2165

www.joetye.com

Esther Griego Medical Staff Assistant 432-221-4629



Medical Staff

Page 2

New Information



Lawrence Wilson, MD, MBA, FACEP Vice President, Medical Affairs/CMO

On the 19th of March eighteen of the Midland Memorial medical staff got together for dinner. We discussed health care at MMH. I think a good time was had by all. A couple of things were apparent. We all have the same goal and passion of assuring the best care delivery possible for our community. It was also apparent that to accomplish that in these tumultuous times we have to get better at communicating our message and more of us have to be involved in health care delivery leadership in Midland.

Several topics were discussed. We recognized the increased focus on consumerism in the delivery of health care. That quality of care is in the eye of the beholder (the patient and families). To improve the outcomes and quality of care delivered we must work in teams. This is new territory for many of us. But if we expect excellent outcomes, we have to be sure that not only we make sound assessments and plans, but that the pharmacists, physical therapists, occupational therapists, wound care teams, social workers, nurses and our AHP's all have the same information and management ideas that we have. That means we have to be excellent communicators and provide health care team leadership.

We talked about the culture of ownership movement at MMH. It is palpable and meaningfully influencing the hospital staff in a positive way. Not only in their work lives but in their personal lives as well. That's important. It is not possible to divorce one's work life from one's personal life and have the kind of transformative change that we must accomplish.

I personally was motivated listening to some of our hospital senior medical staff acknowledging the history of our medical staff, the sense of community we have enjoyed, and the importance of assuring the continuance of the medical staff growth and development. In some ways it feels like just a moment has passed, but in the past ten years we have changed our care delivery substantially. Nurse Practitioner and Physician Assistant run clinics, Hospitalists, non-hospital based clinicians and concierge medicine were not relevant a decade ago. With these new realities the medical staff at the hospital and our community based colleagues are going to have to grow together to meet the expectations of our patients of seamless, convenient, well communicated care.

Some of our younger physicians recognize the challenges and importance of team work to meet our goals. A repeated theme was the importance of excellent relationships with our nursing team members and that nurses are not always treated well. In that setting the toxicity can become apparent and patient care may suffer. Cleary the triple aim of high quality care, reduced cost and enhanced patient experience should be rephrased as the quadruple aim. Meeting those three goals and assuring our work environment is enjoyable for all members of the team.

At the end of the evening I believe unanimously we agreed more of us need to take part in the conversation. We shall set up more opportunities for similar gatherings and would like to have more input from all the medical staff. The healthcare delivery landscape is changing rapidly. For us to be successful and continue to enjoy our chosen professions we need to work with our Hospital administration and with each other to find innovative approaches to meet the expectations for our patients and their families. Indeed to improve the wellness of our community.



Medical Staff

Page 3



From the Desk of your Chief of Staff Sari Nabulsi, MD, MBA, FAAP

I had the pleasure to attend Mental Munchies at Midland Memorial Hospital that was started by Dr. Jain at Texas Tech Health care center to raise awareness about depression and suicide.

It was interesting to note that almost 10% of adults suffer from depression, women three times as men do suffer from depression. In children and teenagers, the incidence is around 11%. Depression is becoming the second leading cause of disability behind heart diseases. It affects all ages, races, religions and income level worldwide. People tend to feel sad most of the time, feeling hopeless and helpless, and causes decrease energy and interests in life, making people having difficulty concentrating and focusing on their life.

The earlier it is diagnosed, the better the response to treatment. Treatment is eating healthy, sleeping early and waking up early, and definitely exercising regularly. Medications are part of the treatment and not the goal. We need to reach out for children and teenager early, since it cuts down the risk of suicide and disability later on. The depressed child may pretend to be sick, refuse to go to school, cling to a parent, or worry that the parent may die. Older children may sulk, get into trouble at school, be negative, grouchy, and feel misunderstood.

We need to feel empowered to take responsibility for our health, our happiness and our success and our life. This is the culture of ownership we are spreading at MMH. I hope we can all come together as a Physicians and leaders to help our children, teenagers and adults. If you know someone who might be depressed, reach out to them and try connect with them; take them for a walk, help them if you can. If you have the chance to attend one of the mental munchies in Midland or Odessa, I think it will open your eyes. I hope we can invest more resources into our community to make us the healthiest community in Texas.





Page 4

Blood Product Use Decision Tool Ready

Many of you have heard about or seen demonstrations of the ROTEM assay. Now if you have a patient with blood loss or with unexplained bleeding diathesis, the ROTEM can quickly define the problem. Whether thrombocytopenia or a coagulation cascade problem, can be determined in minutes. Now rather than indiscriminate product use, directed therapy can be defined. Please contact the lab if you have questions.

Transfusion No Longer Part of the Sepsis Protocol

You will notice that blood transfusion has been removed from the Sepsis Protocol. Data from prospective, randomized trials shows raising the H/H does not improve survival, in fact it seems associated with worse out comes. Please avoid transfusions in septic patients unless indicated for standard reasons.

Antibiotic Stewardship Program

A great means of assuring safe and efficient antibiotic ordering for most conditions has been developed for your use!

Correct Antibiotic selection for specific conditions has been made fool proof if you follow the clinical pathways developed with the help of Dr. Mocherla, Pharmacy, the P&T committee and reviewed and approved by the Medical Executive Committee.

The infections with clinical pathways are:

Pneumonia Community Acquired and Healthcare Associated Intra-abdominal infections – biliary tract and non-biliary tract UTI

Sepsis – unknown source, and with suspected source Skin and Soft Tissue infections.

You will find these pathways under Protocols in all specialty order set menus. Unfortunately it is not reasonable to add the pathways to every individual order set for admission. We intend to build generic admission order sets with the clinical pathways added. In the meantime it will be necessary to add the selected antibiotic orders from the appropriate clinical pathway to your admission orders.

Concurrent Review of Documentation Coming Our Way

3M Corporation is going to be on campus 27 April through the 7th of May providing training for new Clinical Documentation Specialists (CDS). They are going to be RN's specially trained to review clinical documentation real-time on selected admitted patients. The goal is to assure that we are capturing all the required information about specific diagnoses, the concomitant illnesses and all associated treatments. Proper documentation raises the Case Mix Index (CMI), the overall complexity of the case, and justifies the appropriate length of stay. This is important. When we look at statistics from our facility compared to nearby like-facilities, our CMI is lower, our length of stay and complications higher. We want the opposite. We are not seeing less ill patients nor are we likely having more complications. The problem lies in documentation. Please help improve our performance. These numbers are used by grading agencies such as Health Grades and other to judge the quality of care we deliver.

Thank you to all who participated in the EHR Vendor presentations in the month of March. Going forward we ask if you have any additional questions, concerns or requests regarding these three vendors (Cerner, Meditech, Epic) you should contact Taylor Weems at taylor.weems@midland-memorial.com. We are requesting that you do not contact any vendors directly even if you have received an email from them, if you are contacted by any vendor (Cerner, Meditech, Epic, or others) please refer them to our consultant Mike Cohen with Stoltenberg consulting.

For More Information
Taylor Weems, VP, CIO
432-221-5100





Page 5

Continuing Medical Education April 2015 Global Series

Ronald Tanner, DO, PhD - All programs will start at 12:15 p.m.

Please feel free to bring your lunch. Refreshments will be provided.

Global Objectives for this series:

To approach patient care with a core knowledge base consistent with evidence based practice methods. Better obtain and analyze patient information as a direct result of this increased knowledge base. Use increased knowledge base to formulate outcome based therapy.

April Series:

Renal Tubular Defects

April 2nd – Conference Room C

Hyponatremia and Hypernatremia

April 14th – Conference Room C April 16th – Conference Room C

<u>Hypertension</u> April 30th – Conference Room C

Urinary Tract Infections

April 7th – Conference Room C April 9th – Conference Room C

Hypokalemia and Hyperkalemia

April 21st – Conference Room C April 23rd – Conference Room C

April 13th – Blood Utilization

Matthew Friez M.D - Presentation Time: 12:15 p.m.

Location: Surgery Conference Room

Objectives:

- Discuss indications for red blood cell transfusions.
- Measure risks and benefits for red blood cell transfusions.
- Identify cost pros and cons for red blood cell transfusions.

Recent CME Has Been Well Received

Last week Dr. Stoll gave an excellent lecture on Plant Based Nutrition (PBN) and its benefits in treating diabetes. If you were one of the thirty of so present you know that it was much more than that. First the food for thought was served with a really delicious PBN meal from our food service. The program itself went into some detail about how our processed food diets has adversely affected our wellbeing and our epigenetics. One example was that one hundred years ago we ate less than 6 lbs of sugar each a year. Now we average over 150lbs per person per year! After a 45 minute lecture if you did not recognize that we can do a better job with education and role modeling healthy life styles than you weren't paying attention. A special thanks to Dr. Awtrey for bringing Dr. Stoll here for us. I am personally trying a version of the PBN diet while ramping up for a spring ½ marathon; I'll let you know how much the added antioxidants and anti-inflammatories in the PBN diet helps me. References on PBN were included in the material and can be provided through the Medical Staff Office.

On the 30th Dr. Jain, Psychiatrist with Texas Tech, spoke to a full room on managing depression. He plans a few more talks for our benefit. I would encourage you to attend. He is a lively speaker and entertaining. I will warn you his lecture is PG-17 (adult language). The talk was topical and practical and well worth the time spent.

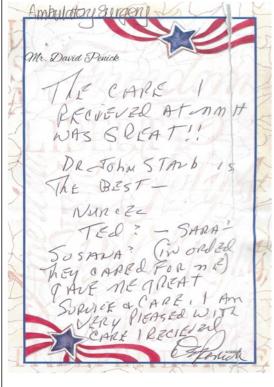
Dr. Friez gave an excellent lecture on Anemia and managing the use of blood products safely and efficiently. It was an excellent lecture with a follow up discussion of how practical it is to change behaviors regarding blood product use led by Dr. Klingensmith. Over all really useful lecture and discussion. I have asked Dr. Friez to provide this lecture again to the Texas Tech Residents and the Hospitalist group, so look for additional information on when and where this lecture will be and attend if all possible.

Dr. Tanner has had to slow down his excellent lectures on general medicine topics, but we look forward to him ramping back up when

A special thanks to the Education and CME committee and to our Medical Staff Services Manager, Ms. Rebecca Pontaski, for organizing these high quality presentations.

Medical Staff

Page 6



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Dr. Joseph Young CONGRATULATIONS!

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Dr. John Petersen CONGRATULATIONS!

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Dr. James Sikes CONGRATULATIONS!

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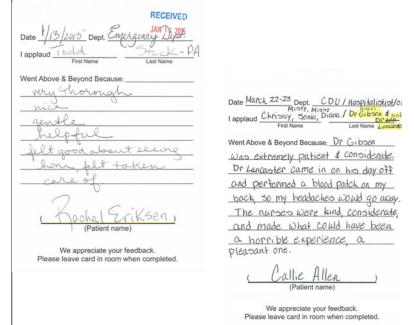


Medical Staff

Page 7

Todd Stack, PA-C **CONGRATULATIONS!**

You made a difference and it shows.



Dr. Scott Lancaster and Dr. Allen Gibson **CONGRATULATIONS!**

You made a difference and it shows.

Kym Craig, PA-C **CONGRATULATIONS!**

You made a difference and it shows.

BRAVO
midand memorial hospital Your home for healthcare

Dr. Staton Awtrey CONGRATULATIONS!

You made a difference and it shows.

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