



the market

Soup
of the
Day

Monday
5/29/23

Tuesday
5/30/23

Wednesday
5/31/23

Thursday
6/0/23

Friday
6/2/23

Saturday
6/3/23

Sunday
6/4/23

**Memorial
Day**

Albondigas
Potato Leek

Chicken Tortilla*GF
Tomato Basil*GF

Menudo*GF
Potato Stew

Chicken Noodle
Italian Bean Soup*GF

Soup Du jour

Soup Du jour

Action
Station

Fajita Station

Create Your Own
Pasta---

Asian Stir-Fry

Nacho Bar

Culinary
Exchange

**BBQ Chicken
Quarters**
Baked Beans
Potato Salad
Grilled Vegetables
Cucumber
Watermelon Salad

Carnitas Bravas
Tacos
Carne Guisada
Cilantro Rice
Chile Verde Squash
Soy rizo Black Beans
Warmer Corn
Tortillas

Creamy Garlic
Shrimp
Chicken Waffles
With Siracha Maple
Glaze
Roasted Sweet Yams
Oven Sweet Brussels
Steamed Broccoli
Garlic Breadstick

Chicken Scampi
Garlic Beef
Roasted Potatoes
Citrus thyme
Roasted Zucchini
Green Beans
Dinner roll

Catch of the Day
Pan Fried Pork
Cutlets
Beer Mac Cheese
Asparagus
Tuscany Blend
Dinner roll

Crispy Chicken
Chef's Choice
Roasted Zucchini*GF
Spanish Rice
Flour Tortillas

Panko Crusted Fish
Chef's Choice
Vegetable*GF
Medley Masted
Potatoes
Dinner Rolls



WFPB

Specialty
Sub

Roasted Vegetable
with Hummus

Four Bean Hummus
Wrap

Chicken Caesar Wrap

Eggplant and
Mushroom Fajita
Wrap

Pizza

Cheeseburger Pizza

Calzones

Gluten Free Pizza
with Cauliflower
Crust*GF

Mediterranean Pizza



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

