



the market

	Monday 05/05/2025	Tuesday 05/06/2025	Wednesday 05/07/2025	Thursday 05/08/2025	Friday 05/09/2025	Saturday 05/10/2025	Sunday 05/11/2025
Soup of the Day	Chicken Tortilla Minestrone Soup *GF	Gumbo Vegetable & Wild Rice *GF	Chicken Noodle Tomato Basil *GF	Pazole verde Mediterranean Tuscan Soup *GF	Steak House Au Poivre Lentil *GF	-----	-----
Action Station	Sliders	Fajita Station	Create Your Own Pasta	Chicken Wings	(Culinary Passport) India Murgh makhani/ basamati rice/ paneer jalfrezi	---	---
Culinary Exchange	Pork Tamale Chicken Flautas Refried beans Spanish Rice Mexican Roasted Zucchini Dinner Rolls	Birria tilapia empanizada Mexican Corn bread Ranchero Beans Fiesta Corn	Honey Chipotle Shrimp Apple cider Pork chop Roasted Potatoes Steamed Broccoli Roasted Cauliflower Bread Sticks	Chicken Creole Dirty Rice Blackened Salmon Garlic Beans *GF Steamed Carrots *GF Dinner Rolls	Jerk Chicken Drumsticks Shrimp Etouffee Mashed Potatoes Asparagus Succotash Dinner Rolls	Beef Stroganoff Egg Noodles Sweet Peas *GF	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
WFPB	Spiced Quinoa fiesta *GF	Sun dried tomato Linguini	Quinoa Chickpea salad	Pasta Primavera	Stuff Pepper *GF	---	---
Specialty Sub	Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
Pizza	Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

