



the market

Monday
06/30/25

Tuesday
07/01/25

Wednesday
07/02/25

Thursday
07/03/25

Friday
07/04/25

Saturday
07/05/25

Sunday
07/06/25

Soup
of the
Day

Gumbo
Quinoa And fire
roasted vegetables *GF

Chicken Enchiladas
Vegetable & Wild
Rice

Loaded Bake Potato
Tomato Basil *GF

Caldo de rez
Tuscan White Bean



Action
Station

Sliders

Fajita Station

Create Your Own Pasta

Brisket Nachos

Culinary
Exchange

Southern Smothered
Chicken
Garlic Green
Beans *GF
Roasted Potatoes *GF
Honey Garlic Shrimp
California Blend *GF

Chicken Enchiladas
Beef fajita
Papas Ala Mexicana
Fiesta Corn
Calabaza con
asadero *GF
Tortillas

Marry me salmon
Cashew Chicken
Wild rice *GF
Asparagus *GF
Roasted Brussels
Sprouts *GF
Garlic Breadsticks

Shrimp Ala Mexicana
Cilantro Lime Rice
*GF
Chimichurri steak
Roasted Squash and
zucchini *GF
Ranchero Beans *GF

BBQ Ribs
BBQ Chicken
Potato Salad
Honey dill carrot
Steamed broccoli
Dinner Rolls

Pulled Pork
Enchiladas
Spanish Rice
Fiesta Corn
*GF

Chef's Choice
Protein
Chef's Choice
Starch
Chef's Choice
Vegetable *GF



WFPB

Specialty
Sub

Crispy Tofu with
peanut sauce and
cabbage slaw

Ratatouille

Forrager Mushroom
Pasta

Stuffed Sweet
potato

Pizza

Seafood Po' boy

Roasted Vegetables
with Hummus

Four Bean Hummus
Wrap

Chicken Caesar Wrap

Eggplant and
Mushroom Fajita
Wrap

Supreme Pizza

Ultimate Veggie
Pizza

Calzones

Gluten Free Pizza
with Cauliflower
Crust *GF

Hawaiian Pizza



Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

