



the market

Monday
08/11/2025

Tuesday
08/12/2025

Wednesday
08/13/2025

Thursday
08/14/2025

Friday
08/15/2025

Saturday
08/16/2025

Sunday
08/17/2025

Soup
of the
Day

Gumbo Italian 5 bean *GF	Chili *GF Vegetable & Wild Rice *GF	Chicken Enchilada Tomato Basil *GF	Menudo Moroccan Vegetable GF	Shrimp Poblano Lentil *GF	-----	-----
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Action
Station

Sliders	Fajita Station	Create Your Own Pasta	Shrimp Ceviche Tostadas	Culinary Passport Germany Potato Kielbasa Skillet	---	---
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Culinary
Exchange

Chicken Parm Mashed Potatoes *GF Moroccan Spiced Pork *GF Carrots *GF Broccoli *GF Dinner Rolls	Brisket Tamale Shrimp Taco/ Mango salsa Cilantro Lime Rice *GF Ejotes a la Mexicana jalapeno zucchini *GF Tortillas	Mongolian Pork String bean Chicken Fried Rice Steamed broccoli Stir fry carrot and cabbage *GF Garlic Breadsticks	Beef Pot roast *GF Mashed Potatoes *GF Bourbon Glazed Pork Chop Garlic Beans *GF Glazed Carrots *GF Dinner Rolls	Tuscan Salmon *GF Grilled Steak, chimichurri Steamed Asparagus California Vegetables *GF Roasted Red Potatoes *GF Dinner Rolls	Hot Dog Chili *GF	Chef's Choice *GF
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WFPB

Specialty
Sub

Vegan lentil curry, brown rice	Chickpea tacos/ Cilantro lime rice	Egg Plant Fiesta *GF	Mushroom Bourguignon	Stir fry tofu/ white rice	---	---
Seafood Po'boy	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		

Pizza

Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust *GF	Hawaiian Pizza		
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Whole Food Plant Based (Vegan)
is indicated with green font.



Gluten Free is indicated with an asterisk
*GF and orange font after the food item

