



the market

Week one

Monday
5/25/2026

Tuesday
5/26/2026

Wednesday
5/27/2026

Thursday
5/28/2026

Friday
5/29/2026

Saturday
5/30/2026

Sunday
5/31/2026

Soup
Of the
Day

Gumbo Minestrone Soup *GF	Chicken Tortilla Vegetable & Wild Rice *GF	Chicken Noodle Tomato Basil *GF	Pozole verde Mediterranean Tuscan Soup *GF	Steak House Au Poivre Lentil *GF		Chicken Noodle
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Action
Station

	Fajita Station	Create Your Own Pasta	Jerk Chicken Bahn Mi	Greek Salad	---	---
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Culinary
Exchange

Slow Roast Brisket Roasted Potatoes Green Beans Dinner Rolls	Birria Tortilla Crusted Tilapia Spanish Rice Ranchero Beans Fiesta Corn	Honey Chipotle Shrimp BBQ Ribs Mashed Potatoes Steamed Broccoli Roasted Cauliflower Bread Sticks	Chicken Marsala Dirty Rice Blackened Salmon Garlic Beans *GF Succotash *GF Dinner Rolls	BBQ Chicken Shrimp Etouffee Mashed Potatoes Asparagus Steamed Carrots Dinner Rolls	Beef Stroganoff Egg Noodles Sweet Peas *GF	Chef's Choice Protein Chef's Choice Starch Chef's Choice Vegetable*GF
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WFPB

Saffron Chickpea Tagine	Crispy Tofu with Eggplant Caponat	Wild Mushroom & Cannellini Cassoulet	Mediterranean Chickpea Stir-Fry	Jamaican Ital Stew	---	---
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Specialty
Sub

Avocado stuff Crab Maison	Roasted Vegetables with Hummus	Four Bean Hummus Wrap	Chicken Caesar Wrap	Eggplant and Mushroom Fajita Wrap		
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Pizza

Supreme Pizza	Ultimate Veggie Pizza	Calzones	Gluten Free Pizza with Cauliflower Crust*GF	Hawaiian Pizza		
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Whole Food Plant Based (Vegan) is indicated with green font.

Gluten Free is indicated with an asterisk *GF and orange font after the food item

