

Caregiver Support Groups: Midland/Odessa



Group	Type	Details	Contact Information
The Patio Caregiver Support Group	Caregivers to family members over 60.	If you care for someone over the age of 60, this is the place to come for confidential support, resources and understanding from others on the same path. Guided discussion on caregiving and aging topics provided. Monthly meetings held at Midland Lutheran Church on the second Thursday at 2:00 PM.	Ayndrea Miller amiller@aaapb.com
Manor Park Caregiver Support Group	Caregivers to family members over 60.	If you care for someone over the age of 60, this is the place to come for confidential support, resources and understanding from others on the same path. Guided discussion on caregiving and aging topics provided. Monthly meetings on the last Thursday at 10:00 AM and 2:00 PM.	Susan Frederickson, (432) 563-1061 or sfrederickson@aaapb.com
Caregiver Support Group Orchard Park	Caregivers to family members with Alzheimers.	Caregiver Support Groups can provide an opportunity for family, friends, caregivers and others to meet once a month for mutual emotional support and to exchange coping skills with one another in matters relating to Alzheimer's disease. Monthly meetings on the second Saturday of each month at 2 PM at Orchard Park, 8050 Dr Emmitt Headlee Road.	Helpline: (800) 272-3900 www.alz.org/westtexas
SHARE: Parent Quest	Parents and Caregivers of special needs children.	The group meets the second Tuesday of every month in Midland from 6-8 PM and hosts a potluck style dinner. This group discusses whatever is on the parents' minds. It is a great way for parents to make lasting friendships with other parents that understand. Come join the group and have fun in a safe and supportive environment. Childcare is provided.	Tracy Hopper, (432) 818-1259
Hospice of Midland: Caregiver Support Group	Caregivers of individuals who are actively caring for loved ones in their home, a nursing home, or assisted living facility.	The group meets on the second Wednesday of every month at 12:00 PM. A light lunch is provided. No pre-registration is required for monthly meetings.	Office: (432) 682-2855 hospicemidland@hospiceofmidland.org
Medical Center Hospital Stroke Support Group	Stroke Survivor and Care Giver Support Group	Every month on the Second Saturday from 12-2pm (except June and October) at the Center for Wellness, 8050 E Hwy 191.	(432) 640-2740
New Beginnings	Cancer Survivor and Caregiver Lunch and Learn	A lunch and learn seminar held on the first Wednesday of the month at noon at the Texas Oncology Alison Cancer Center. A variety of topics concerning cancer patients and caregivers will be covered each month.	Fatima Castillo, (432) 218-8714
Surviving Life Cancer Support Group	Cancer Survivor and Caregiver Support Group	Our Cancer Survivor and Caregiver Support Group is an informal meeting – open to people touched by any type of cancer at any stage. The group is formed to give survivors and caregivers the support and strength to continue to move forward together, for as long as they wish. Light lunch is provided. Hosted the 2nd Wednesday of each month from 11:30 AM-1:00 PM at Hope House. 2006 W. Tennessee Ave. (corner of Tennessee & N St)	Fatima Castillo, (432) 218-8714

Caregiver Support Group Meetings are Held Monthly

Andrews – Andrews Senior Activity – 310 W Broadway – 2nd Tuesday @ 12:30 p.m.

Crane – Crane County Senior Citizens Center – 607 W. 6th 3rd Thursday @ 1:00 p.m.

Kermit – Winkler County Senior Citizens Center – 419 E. Campbell – 2nd Wednesday @ 12:00 p.m.

Lamesa – Dawson County Senior Citizens Center – 609 N. Austin Ave – 4th Thursday @ 1:00 p.m.

Midland – Higher Grounds Café – Meeting Room – 403 Andrews Hwy – 2nd Wednesday @ 1:00 p.m.

Odessa – Dough Boys Café – 1621 W. 10th Street – Last Tuesday @ 11:00 a.m.

Pecos – Pecos Senior Center – 505 S. Park – 2nd Wednesday @ 12:00 p.m.

Seminole – Seminole Senior Center – 400 N.W. 5th Street – 3rd Tuesday @ 12:30 p.m.